

# Stillness Junior School Special Edition Newsletter First Aid

June 2019

**Welcome to our third special edition newsletter.** This edition focusses on our first aid procedures at Stillness Junior School.

Here at Stillness Junior School, it is our duty to care for your children. In any school, accidents can happen; this is why we ensure we have, by law, the number of certificated first aiders on hand to cope with any foreseeable injuries. Having staff and also children who are equipped with first aid, helps to enhance the health and safety of everyone within the school.

Each classroom has their own first aid box which is checked regularly and stock replenished immediately and extra supplies held in the medical should they be required.

At break and lunchtimes each trained first aider on duty wears a high vis jacket and will have around their waist a green bum bag. This bag contains foil blankets, mouth shields, gauzes, bandages, plasters and medical wipes – everything we need to treat an injury or help save a life until professional assistance arrives.

We are able to confidently treat cuts, bruises and minor head injuries.

In cases where children need to be treated for major cuts, nose bleeds or head injuries, we have a first aid room where a trained first aider will be. They will ensure the correct procedures are always followed.

All head bump injuries are logged; parents/carers are called or emailed, informed of the injury and given the option to come and collect their child or let them remain in school.

The pink head injury advice sheet given explains clearly signs and symptoms to look out for. A white first aid wrist band is also placed on the child so that parents and after school club are aware the child has received first aid during the school day. A copy of all paperwork is also given to the child to take home.

All other minor injuries are cleaned and logged and parents are not always informed. However, paperwork and wrist bands are still given.

First aid is very important. It is a skill that could potentially save a life. Many children would not know what to do if someone was hurt, and with this in mind, we were delighted to welcome Help Saves Lives to Stillness Junior School to provide our children with the opportunity to learn basic first aid skills.



Help Saves Lives help give every child the opportunity to learn basic first aid. Children are more than capable of learning basic first aid; it is like riding a bike or learning to tell the time. So, why not give them the opportunity to learn how to ring for an ambulance should a family member fall over at home or what to do if someone has hurt themselves.

The first aid course was really exciting!

We learnt how to do DR ABC and CPR and  
We even got a little booklet at the end.

**Sachi – Y6**

The children were a credit to the school and themselves during these training sessions. The children from Y3 through to Y6 were taught basic first aid skills such as how to dress cuts, burns, choking, head bumps, nose bleeds and the different materials that should or should not be used in first aid. For example, if you want to dress a burn, using cling film would be the best material to use, which most people have in their homes.

At first aid training we learnt all about CPR, airline, breathing, burns and many more. After we had learnt CPR we got tested and did it ourselves on mummy dummies!

I liked all of the cool information we learnt and I also liked the fact sheet we got at the end. - **Adora – Y3**



To ensure that the children get to use some of the skills they learnt we will be introducing “Junior Aiders” in the coming weeks. The Junior Aiders will collect the first aid boxes from the classrooms and lunch time staff and replenish.

I learnt about when somebody faints you push the person’s heart and see if the person is still breathing. I enjoyed the first aid workshop; it was really interesting, amazing and fun. **Adam –**

I really enjoyed the first aid course as I learnt how to deal with an injury or burn!

I also learnt CPR and got to test it on a dummy!

At the end I got a Certificate and a little booklet about it. **Purity – Y6**



# Stillness Junior First Aiders

Our Junior First Aiders have now started to undertake their duties. Each class voted for someone, who they believed to be a caring, sensible, kind and helpful person.

The role of a Junior First Aider alongside a staff member, will be to assist with simple first aid duties and tasks such as:

- Being supportive to an injured child
- The collection and distribution of first aid boxes, bum bags, hi-vis jackets and first aid supplies such as plasters and gloves
  - Help to stock take

Junior first aiders will not:

- Administer medicines
- Treat an injured child
- Log any injuries.



**Congratulations to:**

**Hepworth Class:** Mimi Silverston / **Warhol Class:** Erin Dodd / **Picasso Class:** Tyreece Causon-Holloway  
**Kahlo Class:** Arthur Alexander / **Monet Class:** Connor Bailey / **Constable Class –** Mehmet Arslan  
**Hadid Class:** Shiloh Logie / **Turner Class:** Sapphire Bruni / **Rothko Class:** Louis Gaymes  
**Mahlangu Class:** Bilal Hussein / **Cezanne Class:** Romeo Ohiku / **Dali Class:** Gill Bailey